



LILAC  
NATURAL  
MEDICINE

Lilac Natural Medicine, LLC  
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## Informed Consent to Naturopathic Medical Services

Naturopathic Medicine integrates modern, science-based knowledge with traditional diagnostic and treatment methods. Our services include the prevention, evaluation, diagnosis, and treatment of injuries, diseases, and conditions through therapies and modalities which support the body's natural and innate healing processes.

The following services and procedures may be performed to facilitate care:

- **Diagnostic Procedures:** Medical interview, physical examination, venipuncture, laboratory and pathology testing, x-rays, and other imaging tests.
- **Medicinal Nutrition:** Therapeutic nutrition, nutritional supplementation, intramuscular vitamin injections, IV therapy.
- **Botanical Medicine:** Herbal substances may be prescribed as food, teas, tinctures, capsules, tablets, gummies, liquids, creams, suppositories, and other methods.
- **Homeopathic Medicine:** The use of highly dilute quantities of naturally-occurring plants, animals, and minerals that stimulate the body's healing responses.
- **Lifestyle Counseling and Hygiene:** Diet therapy, promotion of wellness including recommendations for exercise, sleep, sunshine, stress reduction, and balancing of work and social activities.
- **Physical Medicine:** Massage, hot and cold therapy, stretching, hydrotherapy, depuration therapy, injection therapy, manual adjustment.
- **Acupuncture:** The insertion of sterilized, disposable acupuncture needles, use of moxabustion, pressballs, ear seeds, cupping, heat lamp, electro-acupuncture, or the insertion of intradermal needles.
- **Minor Office Procedures:** Ear lavage, minor wound management.
- **Counseling:** Guided-meditation, counseling, mindfulness, other Mind-Body modalities.
- **Pharmaceuticals:** Prescriptions for natural or synthetic medications.

**Potential Risks:** While most of our treatments are gentle, non-invasive therapies with minimal side-effects, some risks do exist. These risks may include: Adverse, hypersensitive, or allergic reactions or side effects to prescribed herbs, pharmaceuticals, supplements, homeopathic remedies, or natural medications. Aggravation of pre-existing symptoms, pain or discomfort, infection, burns, nausea, weakness, fainting, inconvenience of lifestyle changes, injury from needles or procedures, mood changes, emotional release or distress, healing crisis; and rarely, neurological injury and pneumothorax. Notify Lilac Natural Medicine if you experience any symptoms which may be secondary to the above procedures.

**Potential Benefits:** Restoration of health and the body's optimal functional capacity without the use of more aggressive interventions such as drugs or surgery. Relief of pain, and symptoms of disease, assistance in injury and disease recovery, and prevention of disease or its progression.

**Notice to individuals assigned female at birth:** Patients who may be or are pregnant or chest/breastfeeding should notify their provider, as some therapies may present a risk to safe pregnancy and lactation.

## Informed Consent to Naturopathic Medical Services

I confirm that I have read, or have had read to me, and fully understand this consent form. I voluntarily consent to treatment at Lilac Natural Medicine, LLC using the above-listed procedures. I understand the potential risks and benefits of Naturopathic Treatment, as listed above. I realized that no guarantee has been made regarding improvement or cure of my condition(s). I understand that each of these therapies will be explained to me before they are performed, and that I may verbally revoke my consent to receive any of these therapies at any time. I have had an opportunity to ask questions, and by signing below I agree to the above.

\_\_\_\_\_  
Patient Name

\_\_\_\_\_  
Date of Birth

\_\_\_\_\_  
Patient/Parent/Guardian Signature

\_\_\_\_\_  
Date

## Telemedicine Informed Consent

Telemedicine is the delivery of healthcare services, including examination, consultation, diagnosis, and treatment, through electronic communication technologies when the patient is located in a different location than a healthcare provider. Lilac Natural Medicine, LLC offers Telemedicine over the phone, as well as through video via Zoom, access to which is secured through Charm EHR.

I request and consent to receiving Telemedicine services from Lilac Natural Medicine, LLC. I understand that the laws that protect privacy and the confidentiality of medical information also apply to Telemedicine. I understand that Telemedicine visits are billed in the same manner as in-person visits.

I understand the possible benefits of Telemedicine include improved access to medical care and more efficient medical evaluation and management. I understand that, as with any medical procedure, there are potential risks associated with the use of Telemedicine. These risks include, but may not be limited to: information transmitted may not be sufficient to allow for appropriate medical decision making by the doctor. Delays in medical evaluation and treatment could occur due to deficiencies or failures of technology. Lack of ability to conduct a physical exam can pose challenges in making an appropriate diagnosis, and therefore treatment plan. In very rare instances, security protocols could fail, causing a breach of privacy of personal medical information, though all efforts are made to protect patient privacy.

\_\_\_\_\_  
Patient Name

\_\_\_\_\_  
Date of Birth

\_\_\_\_\_  
Patient/Parent/Guardian Signature

\_\_\_\_\_  
Date